



Williams Sportsman's Club

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"On Target!"



June 2022

President's Message

President Keith Heimes is on vacation this month so as your WSC Vice President the gavel was handed on to me. This act of teamwork got me pondering about the world we live in today and how 'teamwork' extends to our families. Many have an established "Family Plan" - a daily practice of staying safe and other prudent strategies. As a part of this you go to the range but how often do you take your spouse to the range? Why's that you say? Well your spouse, your partner, and their ability to safely handle and use a firearm is vital to your self-defense – especially for those of you who live in our more rural areas. Here's a sobering fact; Coconino County is larger than each of the nine smallest states in the US but only has 90 deputies! Yikes!

Maintaining your spouse's self defense firearms skill set is frankly an obvious requirement. You must face reality that if you are confronted with a surprise attack and need help your spouse is your entire 'back up' plan. I have read many monthly accounts published in the NRA's *American Rifleman* magazine's "Armed Citizen" column detailing how one spouse, engaged in physical combat with an attacker, was saved when the other spouse retrieved a weapon and stopped the attack by either deterring the criminal or effectively using the weapon in defense of them both. Remember, if a criminal takes down the spouse they first encounter the second spouse will be next. If you depend on your spouse – and as you should – then their complete competence and familiarity with the designated carry weapon or home defense weapon is just as important as your efforts of maintaining your weapon skill set level.

Fighter pilots depend on their wingman watching their 'six' to survive aerial combat. My spouse is my 'wingman' - and me her's – watching out for each other. Do how about you?

....So just 90 deputies? Yikes!.....See you both at the Range soon!

Bruce Speirs, Vice President

Announcements

WSC Range is OPEN even though Kaibab National Forest declares Stage 2 Fire Restrictions

It is much safer using the WSC Range facility than shooting in the forest. Past the word to your other shooting friends that the Range is the place to shoot. Smokey Bear thanks you!

May 14th Lady's Only Shoot declared On Target!

Your Williams Sportsman's Club (WSC) hosted another very successful Lady's Only Shoot on Saturday May 14th. This reoccurring event is tailored to provide women who have little to no handgun experience to learn about and then practice safe firearms use. A total of nine ladies received a comprehensive day of academics and supervised shooting of their own firearms at the Range. Your WSC Range Safety Officers (RSO's) were present with the goal of providing the ladies a safe, no pressure, no embarrassment, comfortable environment to build basic skills and confidence with their pistols.

Along with the shooting orientation the ladies were also provided with an overview of emergency first aid by WSC RSO Adal Lopez who is the Chief Flight Paramedic for Guardian Air Transport. The day's event was concluded with the ladies ringing steel gongs and knocking down metal silhouettes with AR-15 style .22 rimfire rifles.



Keith Heimes & Brianna Saville



Jerry Smiley & Irene Holmes



Wynn Simon & Eva Myers



Adal Lopez demonstrating "Stop the Bleed"

The Ladies - Kayla Bester, Allison Steinly, Brianna Saville, Betsy Lomaga, Kimberly Lessnick, Cheryl Smith-Lessnick, Zina Huber, Eva Myers and Irene Holmes

Your WSC RSO's – Keith Heimes, Bruce Speirs, Matthew Fleece, Chuck Corcoran, Warren Weir, Chris Mayer, Wynn Simon, Jerry Smiley, Adal Lopez, Steve Auld, Jack Douglas and Dale Vicari. A big shout out to Chuck Corcoran who remains the ongoing Event Coordinator and Chris Mayer for all the pictures!

Unbelievable as it may seem the WSC has provided initial handgun orientations to over 75 women in the recent years! We are not done yet as we have a waiting list to work on.

WSC Membership Recruitment and Community Outreach Booth at Williams Gun Show



L-R Wynn Simon, Chuck Corcoran, Jack Douglas and Annette Perkins (Picture by Chris Mayer)



Like last year the WSC again staffed a booth at the May gun show in Williams. It may be a sign of the times but 30 folks who thought that getting active at the range was a good thing so they signed up as new members!

The booth was staffed by your WSC RSO's – Keith Heimes, Bruce Speirs, Warren Weir, Dale Vicari, Jack Douglas, Wynn Simon, Chuck Corcoran, Annette Perkins, Jerry Smiley and Chris Mayer.

Club Management

Monthly meetings

WSC Board and General meetings are held the second Wednesday evening of every month starting at 5:30 PM at the American Legion Hall, 425 West Grant Ave. All WSC members and the public are welcome to attend.

June 8th Board Meeting Highlights –

➤ Review of Past Events:

- May 14th Ladies Class
- May 14th 4H Group
- May 17th WSC Wednesday that was moved to Tuesday
- May 21-22 Williams Gun Show
- May 22 Sporting Clays
- Update on WSC Archery Range Proposal by Dave Richards. The support of archery activities is called out in our bylaws and is encouraged by the AZ G&F. Board approved funding NTE \$250 to construct a straw backstop structure.

Next WSC Board meeting set for July 13th at 5:30 PM.

Range Improvement Project

WSC installing Archery Range so limber up your bow!



The proposal to establish an archery range was approved by the Board of Directors. Dave Richards has volunteered to coordinate this effort. If you want to help or would like more info email Dave at granite3391@pm.me

Tactical Tips

Armed and Feminine – This is for all you WSC Ladies!



Armed and Feminine was born to bring the world of firearms training to women – women who want it tailored to them. This is long overdue as women now make up a significant percentage of the market in firearms and accessory purchases. Women want and need to have the right skills in gun safety and handling, shooting

skills and understanding personal safety. It's all about teaching, empowering and having fun in the world of the shooting sports.

Kelly Ann Pidgeon is a Certified "The Well Armed Woman" instructor and Certified NRA instructor - helping women become more confident about personal safety for both women and their families. www.youtube.com/channel/UCyXLph68NeuHC18trm7Weeg/featured

Membership Report

New Members

Here are 44 new members who have joined since our May 2022 WSC membership meeting -

Michael Thompson	Tom Owens	Allison Steinly
Zachary Albright	Albert Rincon	Mark Quick
Robert Anderson	Rick Schiffner	Austin Holzer
William Cannon	Carl Shuey	Steven Parker
Dennis Clark	Andrew Smiley	Winfred Daniels
Ethan Durnei	Jeff Tollefson	John Lett
Annette Estrada	Rick Wellman	Evelyn Marlow
Colleen Faucher	Anthony Armas	Ernie Martinez
Kenneth Fiebelkorn	Dustin Brown	Tim Topell
Thomas Haines	Rand Holmquist	Stanley Wnenta
Thomas Jackson	Ken Welty	
Brian Marsh	Eva Meyers	
Kelly & Vicki Spencer	Todd & Sherri White	Terry & Matilda Hughes
Robert & Judy Shimel	Michael & Mary Woolf	



The Medic's Corner - by Annette Perkins, BSN-RN-BC

Back by popular demand, this month's newsletter will highlight the benefits of carrying a personal first aid kit, recommended items for a kit, and training to use the items that you carry. "Tools" without training are useless. This includes firearms, first aid kits, fire extinguishers, etc. Thanks to RSO Adal Lopez the May "Ladies Shoot" participants were fortunate to have a mini, "Stop the Bleed" training station. Here they learned about types of items everyone should carry and how they can be used to save a life be it their own or another person. Our club is fortunate to have Adal as a member and RSO. He brings a lifetime of knowledge and real-world medical experience to share.

A personal first aid kit may be as simple as gloves and a tourniquet, adding duct tape, shears, and a small roll of Kerlex gauze gives the individual added tools in an emergency. These items can be carried in a baggie on your person (the best place to carry) or in a purse or backpack. The most essential piece of equipment (after putting on gloves) for stopping an arterial bleed on a limb, is a tourniquet. When applied properly it will stop the bleeding. Keep in mind our bodies have approximately 5 liters of blood circulating through our body. It only takes minutes for an arterial bleed to drop the amount of circulating blood to half that amount. The injured person will die from the loss of blood.

How do we know if the bleeding is from an artery? If a bleed is **Squirting, Spurting, Soaking or Pooling** apply a tourniquet above the limb wound site until there is no further blood loss. Once a tourniquet is placed **Never remove it!** Tourniquets can only be applied to arms or legs, and for other arterial bleeds direct pressure should be applied to the wound and held until Emergency Services arrive.

'Kerlex' gauze can be packed into a wound and aids in the clot formation and once the wound is packed with gauze use duct tape to secure the bandage. The shears are nice for removing clothing that may be obscuring the source of bleeding. Chest Seals are used for chest wounds to prevent air from entering the chest cavity and potentially, creating life-threatening conditions. They are easy to use but it is wise to learn how to use them properly. If you carry these items, get proper training. Attend a "Stop the Bleed" course, these classes are FREE! Take the whole family!

Where to purchase items for your personal kit? It is important to note that there are many tourniquets that are made cheaply and do not function well. I recommend two online businesses that only sell recommended C-A-T tourniquets.

North American Rescue @ <https://www.narerescue.com> This firm sells individual items and pre-made kits. One C-A-T tourniquet retails for \$29.99. They also sell premade kits however, putting your own kit together is more reasonable.

The Tactical Medic @ <https://thetacticalmedic.com> is located in Mesa, Arizona. This firm offers many items that make carrying a personal first aid kit easy. My personal favorite is the AFAK (ankle first aid kit) by Ryker nylon. It retails for \$60 un-stocked. A Stocked AFAK runs \$100. I'm not a fan of the tourniquet included in the stocked AFAK. The C-A-T Gen 7 tourniquet that is available retails for \$37. Mini-shears 3 ½ in. are \$1 and Trauma shears \$5.95. If you need items shipped, you will have to arrange for this feature. The Hy Fin Vent Compact Chest Seal Twin Pack is great for chest wounds and retails @ \$20.

Next month we will continue our discussion on Medical Kits. Meanwhile, look for local “Stop the Bleed” classes in your area or visit: <https://www.stopthebleed.org> and take the online course offered. The life you save may be your own!

Quotable Quotes – As noted from the June 8th board meeting as led by Bruce Speirs –

“Geez I really, really missed Keith this month! Bruce is just too easy on us! I didn’t have to shine my shoes or nothing. But not having to do push-ups was a nice change.” Jack Douglas

“What, no donuts?” Matthew Fleece

“You can’t handle the truth!” Chris Mayer

“I think you have been out in the sun way too long.” Annette Perkins

“Hey Bruce, you need to take things seriously like me.” Dale Vicari

“Bruce, is that a baseball hat or a toupee with a brim you’re wearing? Ahhh! No, No! Put it back on!” Warren Weir

And lastly via Western Union Telegram – *“I’m counting on to not burn the place down while I’m gone.”* Keith Heimes

Gun Shows Info

Go to arizonagunshows.net and/or gunshowtrader.com for the most up to date information before traveling.

July 9 & 10 Overgaard, Phoenix

July 22 & 23 Snowflake

The Grump – “Here’s my opinion – ought to be yours!”



My wife yelled from upstairs asking “Do you ever get a shooting pain across your body, like someone’s got a Voodoo doll of you and they’re stabbing it?” I replied “No.” She then asked “How about now?”

One minute you’re young and fun. And the next you’re turning down the car radio to see better.