

# Williams Sportsman's Club

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"On Target!"



April 2022

# Happy Easter!

**President's Message** 

#### Mr. Webster---

Defines a volunteer as "one who gives help, does a service, or takes an obligation voluntarily". And who is to argue with Mr. Webster!!! I think an additional description should be "one who provides the glue that holds a volunteer organization together"!!! WSC RSOs are the "glue" that makes our Club function day in and day out. And they are all volunteers.

Calendar year 2021 was a busy year for WSC. Our daily RSO requirements, projects and special events required an enormous number of volunteer hours. This demand was met without complaint (well almost) by our RSOs to the tune of 1200 hours of volunteer time.

The major demand for time was of course being RSOs for our normal open days. Followed in close second place was the ongoing Range improvement projects that included several new ramada's, improved shooting benches and targets, and several other Range enhancement efforts. Now throw in specialty classes such as "ladies only", Arizona Game and Fish Hunter Education, Combat Veteran rifle sight-in days, Boy and Girl Scout events, "Stop the Bleed" training and you can see how fast the hours accumulate.

WSC is fortunate to have a dedicated cadre of individuals that provide the "glue" and dedication to a purpose that results in a SAFE and pleasant shooting environment for all our members.

Keith Heimes, President

#### Announcements - Make note of these two special upcoming events!

Williams Gun Show Sat & Sun May 21<sup>st</sup> – 22<sup>nd</sup> opening at 9 AM both days This event will be held at the Williams Rodeo Grounds. Your WSC will be staffing a membership recruitment and community outreach booth. Stop by and say hello!

#### Williams Friends of NRA Fund Raiser and Banquet – Sat Sept 17th

Miss Kitty's Steakhouse, 642 E Route 66, Williams AZ, 86046 Doors open at 4:30 PM Contact - Patty Williams (928) 853-4974 or pwilliamswear@gmail.com

As part of this effort the Williams Friends of the NRA are also holding a Pre-Event Raffle.



# WILLIAMS FRIENDS OF NRA

# LIMITED TICKETS WILL BE SOLD!

Drawing will be held on June 12<sup>th</sup> 2022 Need not be present to win.

For tickets contact Patty Williams at (928) 853-4974 or pwilliamswear@gmail.com

Winner Take All!!! Henry Golden Boy .22 S/L/LR with the 30<sup>th</sup> Anniversary FNRA Logo, A Heritage Rough Rider. 22 W/NRA Logo Grips, and two boxes of .22 Ammo.







# **Club Management**

#### Monthly meetings

WSC Board and General meetings are held the second Wednesday evening of every month starting at 5:30 PM at the American Legion Hall, 425 West Grant Ave. All WSC members and the public are welcome to attend.

# April 13<sup>th</sup> Board Meeting Highlights –

- Range closure Wed May 18<sup>th</sup> but we will open Tue May 17<sup>th</sup>
- RSO's have a revised opening procedure, a new application filing location, and a pending SOP revision in the works.

Next WSC Board meeting set for May 11<sup>th</sup> at 5:30 PM.

#### **Rifle & Pistol Range Activities**

# Range Closure Wed May 18<sup>th</sup> – Alternate Date Tue May 17th

The range will be closed to WSC members use Wednesday May 18<sup>th</sup> but as an alternative it will be open Tuesday May 17<sup>th</sup>. As a reminder always check the WSC website for any last minute range notices before traveling.

### **Shotgun Range Activities**

#### **Sporting Clays**

Ole man winter finally released its grip on Northern Arizona weather enough to allow WSC to hold a Sporting Clays shoot March 27th, 2022. The last shoot was November 28, 2021. 11 brave souls ventured out with newly cleaned shotguns and a renewed purpose to show the clays just who was the boss. It was soon discovered that the "rabbits" had been in training over the winter break. Training that they hoped would increase their odds of making it to the end of the rabbit track unscathed. Not to give away their secrets but let's just say they (the rabbits) had learned new evasive maneuvers that included some airborne time. Were they successful? Based upon the number that successfully made it to the end of the track, I'd have to say yes. Going forward I'm sure shooters will see even more unique jinking profiles. So come on out and join us for a fun time. We will continue to hold our monthly shoots the fourth Sunday of each month. If you are interested send an email to our Club address, wscaz2020@hotmail.com, and your name will be added to the master contact list.

# **Range Improvement Project**

#### New "Range Open" Sign

A 'Tip of the hat' to our WSC fabrication shop! Ask Keith how his thumb is healing up!

### **Range Safety Officers**

#### New WSC Range Front Entrance Sign and Procedure

All RSO's were emailed a training video on the new range entrance sign. At the end of the day and after covering the sign, be sure to secure it with the bungee cord to keep it from being blown over.

More information on other related information coming via email to all RSO's.

# **Tactical Tips**

LIFE SKILLS | Your Best Defense During Civil Unrest | By Steve Tarani | December 8th, 2020



In today's world of high-probability sporadic violence, it is important to stay ahead of the action-reaction power curve. Roman Philosopher Seneca (4 BC – AD 65) is credited with saying "*The man who has anticipated the coming of troubles takes away their power when they arrive.*" The sooner you can hear it, see it, smell it coming, places you further in front of the reaction curve and in position to avoid, mitigate or defend against a developing threat. See page 8 for the full article.

### **Membership Report**

#### **New Members**

Here are 10 new members who have joined since our May 2021 WSC membership meeting -

Jonathon Copper Thomas Florman Karen Griffin Tom & Shaundra Hall Loretta McKenney Carol Pote Chett Ragsdale Robert & Marcia Youngblood

# The Medic's Corner - by Annette Perkins, BSN-RN-BC

#### **Seasonal Allergies: Tips to Share**

Hello to all! I'm sure all of you have noticed the uptick in our winds this past week. If you are like me, the wonderful spring blooms, dry air, sun, and wind usher in a desire to be out on the range. This is also the perfect storm of seasonal allergy flare-ups. The instant one steps outside, the eyes begin to dry out, or water incessantly. The airways become assaulted with micro particles of dust and pollen, leading to a runny nose, throat irritation, sneezing, and misery. Pine pollen is a major contributor to seasonal allergies here in northern Arizona and we will have more than enough pine pollen this year. What can we do to minimize our exposure to the many allergens that we encounter? Let's see what we can do so that, our next trip out to the range does not end with an allergy flare-up.

#1. Reduce your exposure to allergens on windy days. Leave the raking and yard work until the winds die down. Wear a pollen mask, buff, or shemagh (pronounced schmog). The reason a shemagh was used by so many during our endless years in the Middle East, was to protect us from the blasting sun, wind, and dust. Probably the most comfortable and utilitarian piece of gear I own. They also provide great cover when sighting a rifle in the blazing sun.

#2. Shower off after a day outside, shoes should stay outside and/or be rinsed off, and clothes go directly into the washer. This will help prevent the tracking of pollens throughout your house. Keep your windows closed, both at home and in your car. Remember, the more you can reduce your exposure the less misery you will have.

#3. Keep your prescribed and/or over-the-counter medications handy. Those of us who do not have prescribed medications for allergies typically use an antihistamine such as Benadryl or Claritin. The important point I would like to share is that many over-the-counter medications can contain multiple relieving ingredients that may interact badly with other prescription and non-prescription medications. It is a good idea to check with your medical provider regarding what medications are safe to use.

#4. The self-care allergy kit I carry - Normal saline eye drops, Benadryl, saline nose drops and saline eyewash. And for severe sinus congestion or throat irritation I use a "Neti pot" with purified water and salt. As always, if your symptoms do not resolve with home treatment engage your health professional in your treatment.

# **Gun Shows Info**

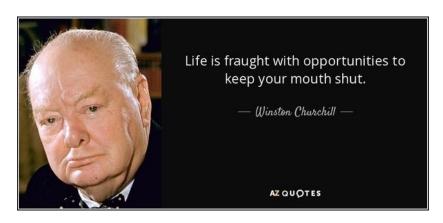
May 14 & 15 Sierra Vista

May 21 & 22 Williams, Kingman

May 28 & 29 Springerville

Go to arizonagunshows.net and/or gunshowtrader.com for the most up to date information <u>before traveling</u>.

# **Quotable Quote**



# Lock, Stock & Barrel Trivial Pursuit

Question - Will my stainless steel pistol or rifle rust?

**Answer** - Stainless steel is armed with built-in corrosion resistance but it can and will rust in certain conditions—although not as quickly or severely as conventional steels. Stainless steels corrode when exposed to damaging chemicals, saline, grease, moisture, or heat for prolonged periods of time. Same for the ammo in the chamber, cylinder or magazine.

Sorry folks, no getting around it. Routine gun cleaning and maintenance is a fact of life.

# The Grump – "Here's my opinion – ought to be yours!"



You don't realize how old you are until you sit on the floor and then try to get back up.

We all get heavier as we get older because there's a lot more information in our heads. That's my story and I'm sticking to it.

# Snap 'Shot'



# **Trading Post**

#### WSC Trading Post – How it Works

Send the information to wscaz2020@hotmail.com with "Item for Sale" in the 'Subject' box. Be sure to include your name, email, phone, a good description, price, and a picture (optional). Notification to the WSC that the item is no longer available and should be stricken from the listing is the responsibility of the member. All sales or exchanges shall be considered private party transactions and compliance with mandated transfer requirements, if any, shall be the responsibility of the individual parties.

#### For Sale

Winchester Model 70 Pre 1964 manufacture, caliber .375 H&H Magnum.

Anyone interested can call me 520 230-1356 or email me dougsmead1962@gmail.com

**Doug Smead** 



Continued from page 4



# LIFE SKILLS | Your Best Defense during Civil Unrest

By Steve Tarani|December 8th, 2020

Failing avoidance, how may we then further mitigate or defend against the maladies of civil unrest? In ways are more readily accessible than you may think. They are awareness, calmness, and appearance.

#### SITUATIONAL AWARENESS

Whether at home, in your car or on foot, applying good situational awareness eliminates the tactical disadvantage of being surprised or placing yourself behind the action-reaction power curve. As such it can be used to control your environment.

Protection experts use situational awareness as a deterrent. When a predator knows that you are on to them, the element of surprise has been removed and attenuates their motivation. Situational awareness keeps you informed of what your environment is telling you and a step ahead of events that are emerging around you. It keeps you connected to your surroundings and prepared. When effectively applied, situational awareness can be used to take control of your environment, act as a deterrent and make you a harder target.

#### **KEEP CALM AND CARRY ON**

The mind, your most powerful weapon, is also your greatest asset. The mind is what allows you to think, perceive and make sound tactical decisions. It is paramount to the self-protection and that of your loved ones in the event of civil unrest.

How, then, using our most powerful weapon, may control of our environment as opposed to our environment controlling us? According to second century Stoic Roman Emperor and Philosopher Marcus Aurelias, who reigned during a pandemic and civil unrest of the 2nd century AD over the most powerful empire on earth at the time, *"External things are not the problem; it's your assessment of them."* 

In other words, we cannot control the events transpiring around us, but we can control our perception of them leading to sound decisions which in turn allow us to formulate an appropriate response. Sound tactical decisions are made when your mind can process accurate incoming information.

Nothing is more formidable in combat than a clear mind. Marcus Aurelias advises "It's all in how you perceive it. You are in control. You can dispense with misperception at will [resulting in] serenity, total calm, and safe anchorage." Your mind additionally plays a critical role in building mental resilience and confidence. Protection experts, who work in high-threat environments, are sometimes armed only with their most powerful weapon. They need to remain calm and collected when under duress, and they must have what it takes mentally to be successful.

Remaining clam is a function of mental toughness which is the measure of individual resilience and confidence that can project success at home, at work, in competition and under duress. It refers to any set of positive non-physical attributes that helps you to cope with the threatening situation and perform under duress and in difficult situations.

You must be willing to hope for the best but plan for the worst. Using mental imagery, visualize yourself in the middle of your worse-case nightmare before it occurs. What would you do? What are your options? How would you best respond?

If you plan ahead of time, run that movie clip or scenario in your imagination and work out solutions mentally, then, if it ever happened, you've already consciously worked through the problem and are far more prepared to engage a real-world violent physical threat. Remaining calm makes you a harder target.

#### APPEARANCE

Those intent on causing harm will perceive you as either a soft target or hard target. You want to appear as a hard target and make them ask the question "*Are their softer targets*?" and respond "*Yes*." To do this, you can eliminate soft-target indicators such as "*do you appear to be unaware*?", "*do you appear to be weak*?", "*do you appear to be alone*?" You can be any one or even any two of these things but if you appear to be all three combined this is like hitting the jackpot in Las Vegas for the predator.

Another soft-target indicator is a breach of informational security (INFOSEC). The information you publicly share can be used to target you. Did you or anyone in the family post anything online that can be used against you? Things like you just won money at a casino, bought a hot new ride, or some jewelry?

Case in point, a close family friend recently purchased a very high-end home-entertainment system of which she was so proud she couldn't wait to post it on her social media replete with high-resolution photos and video. "Oh, it's so amazing! It was expensive but it's totally worth it! See here's one of the 75" flat screen TVs in our living room, this one in the master bedroom, another one in basement, and one in each of the kids' rooms. We keep all the audio and system electronics right here in Joe's gun room but we're bummed out because we won't be able to use it until we get home next month from our vacation so there won't be anyone here to enjoy it!" Truly a cringe-worthy security breach.

Do the bumper stickers on the back of your car tell a predator how many kids you have? Where they go to school? Where you live? That you may possibly have weapons on board? A breach of INFOSEC can cause a predator to deliberate: *"Is this an easy mark?"* Avoid displaying either identifying or potentially antagonistic observable messages. Be cognizant of appearance.

Our choices determine our actions and the actions of others. Advocated by one of the most revered world leaders of antiquity, such proactive measures as awareness, calmness and appearance applied during civil unrest remain as relevant today as they did in the 2nd century.