

Williams Sportsman's Club "On Target!" —

December 2020

A Word from the President



WSC Secret Ingredients to Success

What are the "secret ingredients" that make the Williams Sportsman's Club (WSC) function?

The holiday season finds many folks in their kitchens stirring up delicacies from old family recipes and possibly enhancing these with their own "secret ingredients."

The "ingredients" that make WSC viable are simple - and there are no "secret" ingredients. Our successful recipe consists of many days of volunteer help, then add in several more days of volunteer help, top this off with the good health of those volunteers, and finish with a dash of cooperative weather—that's what makes your Range function.

Range Safety Officers Needed

WSC (the rifle and pistol range) is open to our members an average of 11 days each month. Each of these days requires the presence of a Range Safety Officer - RSO. Our RSO's are WSC members who volunteer their time which allows WSC members to enjoy shooting at a user-friendly Range. Our current cadre of RSO's pull range duty at least once a month on average. That frequency can increase to fill vacancies from illness, vacations etc. Now add in our developing Sporting Clays operation and it is easy to see RSO demands continue to increase. For each "tour of duty", an RSO can easily count on 6 hours of their time dedicated to the Range - 1 hour set up, 4 hours Range time, 1 hour shut down.

WSC is looking for a few good men and women who are willing to volunteer their time as RSO's to keep the WSC viable. With sufficient numbers of RSOs, the frequency of service can be reduced—hopefully to a level that will prevent volunteer burn out (VBO)!!! So if you think you might be interested, contact any WSC RSO or BOD member—we welcome all interested parties.

Here's hoping you all have a Merry Christmas and Happy New Year and look forward to seeing you at the Range in 2021. And ask me when you see me about the RSO's special benefits – you'll like them!

Keith Heimes, President WSC

Announcements



This steel target was donated by WSC member Ron Starr---very generous of him! The silhouette is 1/2" AR-500!! And not cheap! The other two round plates are 3/8" AR-500.

They will be available for specialized shooting events.

Ron and his two buddies Bob Gray and Sergio Mendez are dedicated regulars traveling up and back from Prescott. You can find them honing their weapon craft skills here at the range every Wednesday.



And this spinning target was donated by WSC member Mike Thompson. It is restricted to 9mm or smaller pistol calibers only. It is set up for use at the extreme left side of the range at the 25 yard line.

Thank you Ron & Mike!



And speaking of gifting here's how you can do your part. Start forwarding the club email that this newsletter was attached to on to your friends that are not yet members. We're sure they will enjoy the information and friendly club banter.

Range Activities

WSC Assists Veterans Group zero in rifles for Elk Hunt

A group of six disabled veterans from as far away as Wyoming, Oregon, and North Carolina, are in our area looking to harvest some bull elk. They were invited to use the range by the Williams Sportsman's Club Nov 26th to zero in their rifles. Nick Swanson, Executive Director of the organization, said 6 members of the recently formed non-profit veterans group, camped south of Garland Prairie, have been out hunting daily.

The group's name 'Little Groups of Paratroopers,' comes from WWII when paratroopers jumping into France on D-day got scattered all about and found themselves hooking up with soldiers from different units. The organization has 2,300 members nationwide and is comprised of Paratroopers from all branches of the US Military.



WSC President Keith Heimes (center) points out local terrain features and likely Elk patterns to Dustin Stetter (L) and Nick Swanson (R).

The veterans were allocated bull elk tags from an Arizona Game & Fish tag transfer program which permits Arizona hunters to donate their unused tags for use by military veterans with service-related disabilities. Patriot Pines Outdoors, a qualifying 501c3 organization in Apache Junction, facilitated the tag transfers to the Little Group of Paratroopers. This outing is their first effort.



Mitch Vasquez sighting in his hunting rifle.

Keith Heimes, President of the Williams Sportsman's Club, opened the Target Range for the veterans sighting in efforts. Keith said "As originally conceived by the city, the range continues to draw outdoor enthusiasts to Williams and remains a key visitor attraction. I was happy to help these veterans and introduce them to the other services available in Williams."



Joe Macavinta aiming for the 200 yard target.

Nick said his group spent about 3 hours at the Range and plan to be back next year. He thought the range facilities were excellent and appreciated the city's support of shooting sports and visiting hunters.

This article appeared in the December 10, 2020 edition of the Williams Grand Canyon Newspaper.

Range Schedule

Remember we are operating under our WINTER schedule of 10 AM - 2 PM.

WSC Shotgun Activities

Calling all shotgun aficionados! Stand Up and Identify!



As the WSC Sporting Clays facility at Camp Raymond continues to near operational status the WSC needs to know just how many WSC members are or even might be interested in this

shooting sport. Why you ask? Well the club needs the info so we may be better able to schedule sufficient events to serve our membership and also correspondingly stock the amount of shooting supplies needed to sustain this effort.

This shotgun stuff is fun! <u>So please respond</u> – even if you think you just might be interested – as we must have the info to do a good job for our membership!

Send Keith Heimes a quick email at ketosan345@gmail.com

Club Management News

No board meeting was held this month. Next meeting will be 5:30 PM, January 13th, at the American Legion Hall in Williams.

So have you been Paughty or Nice?





Who would have thought that some would want our Police forces to be 'defunded' - meaning no one to answer the phone and then no one to show up when you're asking for help! This Colt ad from the early 1900's may be the new "Retro" way of handling these things!

What's Old is now New again!

Armed and Feminine



Armed and Feminine was born to bring the world of firearms training to women — women who want it tailored to them. As women now make up a significant percentage of the market in firearms and accessory purchases this is long overdue. Women want and need to have the right skills in gun safety and handling, shooting skills and understanding personal safety. It's all about teaching, empowering and having fun in the world of the shooting sports. Kelly Ann Pidgeon is a Certified "The Well Armed Woman" instructor and Certified NRA instructor, helping women become more confident about personal safety for both women and their families.

Go to www.youtube.com/channel/UCyXLph68NeuHC18trm7Weeg/featured for more info

Are you crazy to carry a gun...or crazy not to?

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by Dean Rieck

Recently, a friend of mine said that people who want a gun for protection are just plain crazy. My friend's argument was that you're a lot more likely to die in a car accident or a fire. The likelihood that you'll be killed by a burglar who breaks into your home or a hoodlum who jumps you in a dark parking lot, my friend said, are about the same as getting struck by lightning. So thinking you need a gun means you're afraid of an unlikely event and are therefore irrational. I disagreed but couldn't quote any statistics to counter the argument. And I had to admit, the idea of actually being killed by a bad guy did seem pretty remote. But I got to wondering what the odds really are, so I did a little research. And what I found was startling.

The National Safety Council is a nonprofit public service organization chartered by the U.S. Congress. On their web site (www.nsc.org), they publish a chart with the "odds" of dying by various means. You're probably familiar with the concept of odds. If you flip a coin, your odds of getting heads are 1 out of 2. If you randomly choose a card from a full deck, your odds of getting the ace of spades are 1 out of 52. The lower the number, the more likely it is to happen. The higher the number, the less likely it is to happen.

One column in the NSC chart gives the odds of dying in a particular way over the course of your lifetime. So, for example, the lifetime odds of being struck and killed by lightening are 1 out of 180,746. That's a high number, so it's not too likely.

But according to the chart, the lifetime odds of dying by assault of any kind are 1 out of 221. That means you have a 1 in 221 chance of being killed in an assault with a knife, a gun, a beating, or by any other violent means.

And how does that compare to car accidents and fires? The lifetime odds of dying in a car accident are 1 out of 608. That's right. The odds of being killed in an assault are higher than the odds of being killed in your car. And the odds of dying by assault are also greater than the odds of dying in a fire (1 out of 1,399).

So here's the point. Your odds of dying in a car crash are 1 out of 608 in your lifetime, but no one would say it's crazy to wear a seat belt. Your odds of dying in a fire are 1 out of 1,399, but no one would think it's irrational to install a smoke detector.

And it's not just your odds of being killed in an assault that you should consider, because the odds of being beaten or raped or otherwise injured are far higher since most assaults do not end in death. According to the U.S. Department of Justice, your lifetime odds of being a victim of violent crime are 1 out of 2. Yes, it's a flip of the coin as to whether you'll be the victim of violent crime at some point in your life.

The way I see it, having a gun handy is just as rational as buckling up or checking your smoke detector batteries. Pragmatic people know that bad things can and do happen and they take pro-active steps to avoid or survive those situations. Having or even carrying a gun is just one of hundreds of little things that responsible adults do to plan for unexpected events, especially when those events have dire consequences for those who are unprepared.

So it makes you wonder who's really crazy—those who have a gun or those who don't?

www.secondcalldefense.org/victimization-odds

Quotable Quote



History has shown that the greater power of the gun is its power to deter. Bear in mind that criminals, by definition, target only victims they believe they can overpower. When the intended victim draws a gun, the predator realizes that their erstwhile target has the ability to kill them instantly. This tends to modify their behavior immediately without a shot being fired. - Massad Ayoob



The Medic's Corner - by Annette Perkins, BSN-RN-BC

Finally, we are nearing the end of 2020! I hope that having access to the range and our community of members has brightened up some of the more challenging aspects of 2020. It is important for an individuals' overall health to get 20-30 minutes of sunlight daily. Even the brisk walk from the truck to the firing line, adds a bit of exercise to your day. These are all good things. The best part of joining us at the range, surely must be the gathering of friends, the shared hobbies, experiences, and social aspects that represent" community". This months' message seeks to answer, "How is one to stay healthy, fit, and motivated when northern Arizona turns bitter cold?"

Staying healthy is unique to every individual. There are so many variances, that there is no one method to staying healthy. We can choose a diet that is balanced, does not exceed the calories we need for our usual activities, and combines fresh vegetables, fruits, lean meats, legumes, grains, and dairy. These are the foods that will benefit your health. They provide the vitamins, minerals, and other nutrients to support the health and functioning of our body. Winter may bring fewer, fresh groceries to the table, a multivitamin specific for your gender and age can help supplement the occasional, seasonal need. Your unique caloric, vitamin, and mineral needs, may be evaluated based on your current Basal Metabolic Index (BMI) and a nutritional bloodwork sample. I have done this myself and was quite surprised to learn that I had had three nutritional deficiencies! The nutritional consult was an excellent way to replace the vitamins and mineral I needed in the right dosages.

Fitness - this means something different to each one of us! The most important point here is to establish your personal baseline of fitness. How far can you walk, without becoming winded? Is it 20 feet, half a mile, or all day long? What type (if any) cardio activity do you participate in? What are the numbers of minutes/ days/per week? Perhaps, due to injury, chronic conditions, or other limiting factors, stretching or yoga is your level. This is perfectly fine. The idea is to keep MOVING. Whatever you determine is your baseline, write this in a notebook. Gradually, improve on those baseline activities, keep a log of your activities in your fitness notebook. Maybe add a new one as well! As always, before starting any physical program, please check with your Primary Care Physician.

Motivation - this is a powerful word. It is the idea behind all our actions or inactions. The winter months can literally, freeze any motivation I might have, of going for a walk, driving to the range, or even moving off the couch! To counter this issue, I remind myself that if I remain inactive for any length of time, my joints will freeze up just as solid as the icicles on the eaves. That is often all it takes, to get me moving. Everyone is different, find out what makes you want to be fitter, faster, stronger, and smarter! Maybe your motivation is to be able to compete in a 2 or 3-gun match, or to keep up with the kids or grandkids. Whatever your motivation, follow it!

I am looking forward to the New Year and I wish all of you your best life ever in 2021!



A word from the Grump - "Listen up you all you young whippersnappers! Here's my proven advice on staying young and moving! If you want to stay handsome & fit like me just follow my daily breakfast routine of a double order of oatmeal, a big bran muffin, and then all washed down with one or two tall glasses of prune juice. Really gets me going every day! – But I caution you to stay close to home for the next hour while it 'works its magic.'

And I consider the year 2020 a total waste so bah humbug to it!

Gun Show Info

Go to www.arizonagunshows.net for the most up to date information before traveling.

December 19 & 20 - Queen Creek, Kingman & Yuma AZ January 2-3, 2021 – Tucson & Yuma January 9-10, 2021 – Mesa January 16-17, 2021 – Phoenix January 23-24, 2021 - Kingman

Snap 'Shot'



WSC Lock, Stock & Barrel Trivial Pursuit – Muzzle & Muzzle Crown

The answer is - The **muzzle** is the front end of a barrel from which the projectile will exit. Precise machining of the muzzle is crucial to accuracy, because it is the last point of contact between the barrel and the projectile. If inconsistent gaps exist between the muzzle and the projectile, escaping propellant gases may spread unevenly and deflect the projectile from its intended path.

In rifled barrels, the contour of a muzzle is designed to keep the rifling safe from damage by intruding foreign objects, so the front ends of the rifling grooves are commonly protected behind a recessed **crown**, which also serves to modulate the even expansion of the propellant

gases. This means that as the bullet exits the bore, its base or tail end does so equally at the same time along its circumference as it clears the crown. This is essential to maintaining accuracy as if the crown is uneven, that most recessed area that the bullet's base breaches first will present the following propellant gasses the possibility of exerting an uneven exit pressure which could alter the bullet's trajectory.

The crown itself is most often recessed from the outside rim of the muzzle to avoid accidental damage from collision with the surrounding environment. However the primary cause of crown damage is from improper bore cleaning. Steel cleaning rods can and will wear the crown and damage it.

What's the answer? Use proper cleaning methods and materials. Use a commercially available cleaning rod bore guide. Use a commercially available non-steel or coated bore rod. They come in all calibers and some are even specific to the type of rifle. Bore guides are made of a hard plastic and are reasonably priced. They are well worth the money considering the alterative of permanently damaging your rifle and degrading its accuracy.



A comprehensive listing of muzzle guides from .22 up to .50 caliber can be found on the major gun supplier websites. Costs of \$10- to 20 and varying styles are offered by Brownells, Midway, Amazon, and on EBay. You'll find it money well spent.